

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Selection of Healthy Cereals and Milk GF & DF available	Selection of Healthy Cereals and Milk GF & DF available	Selection of Healthy Cereals and Milk GF & DF available	Selection of Healthy Cereals and Milk GF & DF available	Selection of Healthy Cereals and Milk GF & DF available
Morning Snack	Melon Slices	Fruit Platter	Melon Slices	Fruit Platter	Fruit Platter
Lunch	Roast Vegetable Lasagne (V) (DF & GF available) Served with Garlic Bread (DF & GF available)	Lentil & Apricot Dahl (V) Served with Naan Bread & Onion Bhajis	Cottage Pie (DF available) Lentil & Mushroom Pie (V) Served with Assorted vegetables	Sausage & Mash (V) Served with Assorted vegetables	Fish Pie (DF Available) Leek & veg Pie (V) (DF Available) Served with Assorted Vegetables
Afternoon Snack	Cheese, Celery & Homemade Fruit Loaf	Homemade cake (VG)	Cheese & Crackers (DF & GF Available)	Homemade Flapjack (VG)	Homemade Oatmeal Biscuits (VG)
Dinner	Loaded Jacket Potatoes (DF available)	Homemade Soup (VG) Served with Crusty Bread (GF Available)	Scrambled Egg (DF) Served with Toasted English Muffin (GF Available)	Homemade Beans on Toast (GF Available)	Homemade Pizza (DF & GF available)

During meals and snack times children will have the option of milk or water

We support baby-led weaning. Weaning food is made in house, using fresh ingredients as part of a balanced & nutritious diet. Weaning foods are tailored to suit every individual's needs and dietary requirements.

Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Selection of Healthy Cereals and Milk GF & DF available	Selection of Healthy Cereals and Milk GF & DF available	Selection of Healthy Cereals and Milk GF & DF available	Selection of Healthy Cereals and Milk GF & DF available	Selection of Healthy Cereals and Milk GF & DF available
Morning Snack	Fruit Platter	Fruit Platter	Melon Slices	Fruit Platter	Melon Slices
Lunch	Chicken Alfredo (DF & GF available) Mushroom Alfredo (V) (DF & GF available) Served with Corn on the Cob	Toad in the Hole (V) (DF & GF Available) Served with potatoes & Vegetables	Broccoli Cheese Pasta Bake (V) (DF & GF Available) Served with Corn On the Cob	Fishcakes Sweetcorn & Red Pepper Fritters (V) Served with Homemade potato wedges & Mushy Peas	Potato, Cheese & Onion Wellington (V) (DF & GF available) Served with Mixed Vegetables & Homemade Baked Beans
Afternoon Snack	Cheese & Crackers (DF & GF Available)	Homemade courgette & Chocolate Muffin (VG) (GF Available)	Sliced Fruit with Breadsticks & Cheese (DF & GF Available)	Homemade Baked Cinnamon Doughnuts (VG)	Homemade flapjack (VG)
Dinner	Picnic Tea (Assorted Sandwiches, Veg sticks, Sausage Rolls) (DF & GF available)	Homemade Pizza (DF & GF available)	Homemade Soup (VG) Served with Crusty Bread (GF Available)	Scrambled Eggs Served with a Toasted English Muffin (GF available)	Homemade Hummus Served with Pita Bread & Vegetable Stick

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Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Selection of Healthy Cereals and Milk GF & DF available	Selection of Healthy Cereals and Milk GF & DF available	Selection of Healthy Cereals and Milk GF & DF available	Selection of Healthy Cereals and Milk GF & DF available	Selection of Healthy Cereals and Milk GF & DF available
Morning Snack	Fruit Platter	Melon Slices	Fruit Platter	Fruit Platter	Melon Slices
Lunch	Mixed Bean Chilli (V) Served with Baked Potatoes & Grated Cheese (DF available)	Salmon & Pea Pasta (DF & GF available) Vegetable Pasta (V) Served with Garlic Bread (DF & GF available)	Courgette Parmigiana (V) (DF available) Served with Broccoli & Rice	African Squash & Chickpea Stew (V) Served with Crusty Bread (GF Available)	Tandoori Chicken (DF available) Cauliflower Tandoori (V) (DF available) Served with Vegetable Biryani and Curry Sauce
Afternoon Snack	Homemade Malt loaf with Sliced Apples (VG)	Ricecakes with Peanut Butter and Sliced Fruit	Homemade Biscuits (VG)	Cheese & Crackers (DF & GF Available)	Homemade Scones with Jam (VG)
Dinner	Homemade Soup (VG) Served with Crusty Bread (GF Available)	Homemade Hummus Served with Pita Bread & Vegetable Sticks	Homemade Pizza (DF & GF available)	Loaded Jacket Potatoes (DF available)	Homemade Soup (VG) Served with Crusty Bread (GF Available)

During meals and snack times children will have the option of milk or water

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