

## Week 1

	Monday	TueSday	WedneSday	ThurSday	Friday
Breakfast	Selection of Healthy Cereals and Milk GF & DF available	Selection of Healthy Cereals and Milk GF & DF available	Selection of Healthy Cereals and Milk GF & DF available	Selection of Healthy Cereals and Milk GF & DF available	Selection of Healthy Cereals and Milk GF & DF available
Morning Snack	Fruit Platter	Melon Slices	Homemade Granola & Greek Yoghurt (DF available)	Fruit Platter	Melon Slices
Lunch	Pasta Bolognese  Tomato & Lentil Bolognese (V)  Served with Corn on The Cob	Lentil & MuShroom Hotpot (V)  Served with ASSorted vegetables	Mixed Bean Chilli (V)  Served with Baked Potatoes & Grated Cheese	Bangers & Mash  Served with ASSorted vegetables	Cod, Tomato & Broccoli Pasta bake (GF available)  Tomato & Broccoli Pasta(V) (GF available)  Served with Garlic Bread (DF & GF available)
Afternoon Snack	Homemade Stuffed Bananas (VG)	Homemade Cake (VG)	Homemade Biscuits (VG)	Cheese & Crackers (DF & GF Available)	Homemade Scones with Jam (VG)
Dinner	Homemade Soup (VG)  Served with Crusty Bread (GF Available)	Pasta Salad  Served with Vegetable Sticks	Homemade Pizza (DF & GF available)	Homemade Soup (VG)  Served with Crusty Bread (GF Available)	Scrambled Egg (DF)  Served with Toasted English Muffin (GF Available)

During meals and snack times children will have the option of milk or water

We support baby-led weaning. Weaning food is made in house, using fresh ingredients as part of a balanced & nutritious diet. Weaning foods are tailored to suit every individual's needs and dietary requirements.

## Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Selection of Healthy Cereals and Milk GF & DF available	Selection of Healthy Cereals and Milk GF & DF available	Selection of Healthy Cereals and Milk GF & DF available	Selection of Healthy Cereals and Milk GF & DF available	Selection of Healthy Cereals and Milk GF & DF available
Morning Snack	Homemade Granola Bars	Rice Cakes with Sliced Fruit	Melon Slices	Fruit Platter	Melon Slices
Lunch	Mushroom & Root vegetable Bourguignon  Served with Buttered Carrots and Mashed Potatoes	Fishcakes (DF)  Sweetcorn & Red Pepper Fritter (V)  Served with Peas and New Potatoes	Chicken Alfredo (DF & GF available)  Mushroom Alfredo (V) (DF & GF available)  Served with Garlic Bread (DF & GF available)	Butternut Squash & Spinach Korma (V)  Served with Rice & Onion Bhajis	Toad in the Hole (DF & GF Available)  Served with potatoes & Vegetables
Afternoon Snack	Cheese & Crackers (DF & GF Available)	Homemade Blueberry Muffin (VG) (GF Available)	Homemade Flapjack (VG)	Yoghurt Cake (DF available)	Homemade Cake (VG)
Dinner	Picnic Tea (Assorted Sandwiches, Veg sticks, Fruit)  (DF & GF available)	Homemade Pizza (DF & GF available)	Homemade Soup (VG)  Served with Crusty Bread (GF Available)	Jacket Potatoes (DF available)	Assorted Toasties (DF & GF available)  Served with Vegetable Sticks

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### Week 3

	Monday	TueSday	WedneSday	ThurSday	Friday
Breakfast	Selection of Healthy Cereals and Milk GF & DF available	Selection of Healthy Cereals and Milk GF & DF available	Selection of Healthy Cereals and Milk GF & DF available	Selection of Healthy Cereals and Milk GF & DF available	Selection of Healthy Cereals and Milk GF & DF available
Morning Snack	Homemade Granola & Greek Yoghurt (DF available)	Fruit Platter	Rice cakes with Sliced Fruit	Melon Slices	Fruit Platter
Lunch	Broccoli CheeSe Pasta Bake (DF & GF available)  Served with Garlic Bread (DF & GF available)	Lentil & Apricot Dahl  Served with Naan Bread & Onion Bhajis	Potato, CheeSe & Onion Wellington (DF & GF available)  Served with Mixed Vegetables & Homemade Baked Beans	FishPie (DF Available)  Leek & veg Pie (V) (DF Available)  Served with ASSorted Vegetables	Sweet & Sour Chicken  Sweet & Sour Vegetables (V)  Served with Noodles & Prawn Crackers
Afternoon Snack	Banana Bread (GF Available)	Homemade Cinnamon Buns (VG)	CheeSe & Crackers (DF & GF Available)	Homemade Flapjack (VG)	Homemade Parkin (VG)

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Dinner	Jacket Potatoes (DF available)	Homemade Soup (VG) Served with Crusty Bread (GF Available)	Scrambled Egg (DF) Served with Toasted English Muffin (GF Available)	Homemade Pizza (DF & GF available)	Homemade Beans on Toast (GF Available)
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