

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Selection of Healthy Cereals and Milk GF & DF available	Selection of Healthy Cereals and Milk GF & DF available	Selection of Healthy Cereals and Milk GF & DF available	Selection of Healthy Cereals and Milk GF & DF available	Selection of Healthy Cereals and Milk GF & DF available
Morning Snack	Fruit Platter	Melon Slices	Fruit Platter	Fruit Platter	Melon Slices
Lunch	Mixed Bean Chilli (VG) Served with Baked Potatoes and Cheese (DF Available)	Mac & Cheese (V) (DF & GF available) Served with Corn on the Cob	Chickpea Meatloaf (VG) Served with Mashed Potatoes & Vegetables & BBQ Gravy	Tuna Pasta Bake Roast Vegetable Pasta (VG) Served with Garlic Bread	Meat & Potato Pie Vegetable Pie (V) (GF available) Served with Mushy Peas
Afternoon Snack	Cheese, Celery & Homemade Fruit Loaf	Homemade cake (VG)	Cheese & Crackers (DF & GF Available)	Homemade Flapjack (VG)	Homemade Biscuits (VG)
Dinner	Ham & Cheese Toasties (DF & GF Available) Served with Vegetable sticks	Homemade Soup & Crusty Bread (GF Available)	Jacket Potatoes Served with Grated Cheese (DF Available)	Mixed Bean enchiladas Served with ColeSlaw	Homemade quiche Served with Vegetable Sticks

During meals and snack times children will have the option of milk or water

We support baby-led weaning. Weaning food is made in house, using fresh ingredients as part of a balanced & nutritious diet. Weaning foods are tailored to suit every individual's needs and dietary requirements.

Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Selection of Healthy Cereals and Milk GF & DF available	Selection of Healthy Cereals and Milk GF & DF available	Selection of Healthy Cereals and Milk GF & DF available	Selection of Healthy Cereals and Milk GF & DF available	Selection of Healthy Cereals and Milk GF & DF available
Morning Snack	Fruit Platter	Fruit Platter	Melon Slices	Fruit Platter	Melon Slices
Lunch	Lentil & Apricot Dahl (VG) Served with Naan Bread & Onion Bhajis	Fishcakes Sweetcorn & Red Pepper Fritters (VG) Served with Mushy Peas & Sweet Potato Wedges	Courgette Parmigiana (V) (DF Available) Served with Rice & Broccoli	Tandoori Chicken Tandoori Cauliflower (VG) Served with Vegetable Biryani & Curry Sauce	Toad in the Hole (V) (DF & GF Available) Served with Roast potatoes & Vegetables
Afternoon Snack	Homemade Baked Cinnamon Doughnuts (VG)	Homemade Courgette & Chocolate Muffin (VG) (GF Available)	Sliced Fruit with Breadsticks & Cheese (DF & GF Available)	Cheese & Crackers (DF & GF Available)	Homemade Fig & Ginger Cake (VG)
Dinner	Scrambled Egg(DF) Served with Toasted English Muffin (GF Available)	Homemade Pizza (DF & GF Available)	Homemade Hummus Served with Flatbread & Vegetable Sticks	Homemade Sausage Rolls & Homemade Baked Beans (V & GF Available)	Mixed Bean Empanadas (VG) Served with Vegetable Sticks

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Week 3

	Monday	TueSday	WedneSday	ThurSday	Friday
Breakfast	Selection of Healthy Cereals and Milk GF & DF available	Selection of Healthy Cereals and Milk GF & DF available	Selection of Healthy Cereals and Milk GF & DF available	Selection of Healthy Cereals and Milk GF & DF available	Selection of Healthy Cereals and Milk GF & DF available
Morning Snack	Melon Slices	Fruit Platter	Fruit Platter	Melon Slices	Fruit Platter
Lunch	Cottage Pie (DF available) Lentil & Mushroom Pie (V) Served with ASSorted vegetables	Sweet & Sour Vegetables (VG) Served with Noodles & Prawn Crackers	Salmon Pasta (DF & GF available) Vegetable Pasta (VG) Served with Garlic Bread (DF & GF available)	Sausage & Mashed Potato (VG) Served with Peas & Gravy	Potato, CheeSe & Onion Wellington (V) (DF & GF Available) Served with Homemade Baked Beans & Mixed Vegetables
Afternoon Snack	Homemade Malt loaf with Sliced Apples (VG)	Ricecakes with Peanut Butter and Sliced Fruit	Homemade Oatmeal BiScuits (VG)	CheeSe & Crackers (DF & GF Available)	Homemade Scones with Jam (VG)
Dinner	Homemade quiche Served with Vegetable Sticks	Jacket Potatoes Served with Grated CheeSe (DF Available)	Mini Calzone Pizza (GF & DF Available)	Homemade Soup & Crusty Bread (GF Available)	Homemade HummuS Served with Flatbread & Vegetable Sticks

During meals and snack times children will have the option of milk or water

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